



Employee Assistance Program

AKD's Employee Assistance Program (EAP) is designed to help employees identify and overcome any personal or work-related issues they may be experiencing.

Any issue, no matter how small it may seem, can have a negative impact on our emotional and mental state.

Whether you are facing personal, professional, financial, emotional, marital or family difficulties, AKD is here to offer our support and services through the Employee Assistance Program.

If you are struggling with any issues, please contact one of the support services below. To utilise our local support service please contact your supervisor to arrange a confidential consultation.

If you need support or assistance in contacting these providers or want to discuss further, please speak to your Supervisor or a member of the HR Team.

LOCAL

PORTLAND PSYCHOLOGICAL AND HEALTH

21 Fern St, Portland

P: 03 5523 7488

LIFELINE

Crisis Support. Suicide
Prevention. Saving Lives

P: 13 11 14 - 24/7
www.lifeline.org.au

BEYOND BLUE

Support. Advice. Action

P: 1300 22 46 36
www.beyondblue.org.au

SUPPORT

GUIDANCE

ADVICE

ASSISTANCE

HELP