



Employee Assistance Program

AKD's Employee Assistance Program (EAP) is designed to help employees identify and overcome any personal or work-related issues they may be experiencing.

Any issue, no matter how small it may seem, can have a negative impact on our emotional and mental state.

Whether you are facing personal, professional, financial, emotional, marital or family difficulties, AKD is here to offer our support and services through the Employee Assistance Program.

If you are struggling with any issues, please contact one of the support services below for a *confidential* consultation.

If you need support or assistance in contacting these providers or want to discuss further, please speak to your Supervisor or a member of the HR Team.

LOCAL

EMOTIONAL WELLBEING SERVICE

Psychology Counselling

0456 553 658

LIFELINE

Crisis Support. Suicide Prevention. Saving Lives

P: 13 11 14 - 24/7
www.lifeline.org.au

BEYOND BLUE

Support. Advice. Action

P: 1300 22 46 36
www.beyondblue.org.au

